

FREEDOM HACK #2

A BACK DOOR



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Exploring the world is about more than
just observing – it's about feeling,
experiencing and learning.

To have a truly enriching experience, we encourage
you to print out this report for your journey!
Bring to the experience that essential documentarian
mindset and have a notebook and pen on
hand so you can jot down any insights.

Print now, explore later.

Reflective connections await!





Freedom Hack #2: A Back Door

"Man is free at the moment he wishes to be."

— Voltaire

Feeling caged in by your job and yearning for the freedom to travel? Chained to the same corporate grind, day after day?

You don't have to upend life as you know it.

You can break free of those golden handcuffs, say goodbye to daily monotony and hello to fulfilling freedom – and it only takes one letter!

This exercise will help you stay employed without curtailing all that passion for exploration and adventure inside of you.

In his book *Antifragile*, Nassim Taleb demonstrated an empowering way to begin his job with more intention and control.

By writing a resignation letter and placing it in his desk drawer without submitting it, he declared to himself that the position was not forever. This simple act provided freedom from feeling stuck or obligated by standard expectations of employment. It liberated him to express himself openly in the workplace while simultaneously preparing for any potential surprises life threw at him along the way.

This is not the line of thinking that most of us are taught.

We're all trying desperately for safety through conventional means like following orders carefully at work. Most of us just feel lucky that we've secured a job and strive endlessly for safety by following the norms and not speaking up. There's this low-level, persistent anxiety always coursing through us as we fear for our job safety.

What if instead we planned for the end in mind? What if we became more proactive?

Writing out your resignation letter gives you an option for liberation at any time while creating the sense of autonomy over your future direction. Even if you never submit it, having this strategy helps you to find solace from any trepidation.

Now it's time to put you back into the driver's seat.



Access the template here:

[Resignation Letter](#)

1. Make a copy of the spreadsheet so you can edit it.
2. Fill in all of the square brackets with the appropriate information. For the date, choose a realistic date when you think this will be achievable by.
3. Don't treat this as a mere exercise, really place yourself in the situation. You are writing your resignation letter you'll be submitting when the time is right. Feel free to edit any part of it you see fit. Speak from the heart.

You may wish to include, in your own words:

- The reasons why you are writing the letter. Include any details that will support your decision, such as job responsibilities not being fulfilled or a feeling of no longer fitting in.
 - An offer to help during the transition period.
 - An expression of gratitude for having been given the opportunity to work with the organization. You may acknowledge any valuable skills or knowledge acquired during this time.
 - Best wishes for everyone at the company and an expression of hope for continuing relations in future endeavors.
4. When you're satisfied with the result, print it out and store it somewhere safe.
 5. Take note of how you feel. Ask yourself:
 - What emotions am I experiencing when I reflect on the possibility of quitting my job?
 - How much control or influence do I feel over important decisions in other areas of life, such as finances or overall direction?

Now that you've "quit your job", sit back and watch the unexpected benefits this new sense of freedom brings!

